



January 2018

MEADOW HOUSE

<p>1 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 New Year Thoughts 11:30-12:00 Lunch Set-Up 1:45-2:30 Ball Toss 2:30-3:30 Rest & refresh 3:30-4:30 Active Games 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>2 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Life Stories 11:30-12:00 Lunch Set-Up 1:45-2:30 Ball Toss 2:30-3:30 Rest & refresh 3:30-4:30 Bingo 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>3 10:00-10:30 Exercise 10:30-11:00 Current Events 11:00- 11:30 Mud River Baptist 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Cook 2:30-3:30 Rest & refresh 3:30-4:30 4:30-5:00 Dinner Set-Up 6:00-7:00 Bean Bag Toss 7:30-? Night Owls Small Groups</p>	<p>4 10:00-10:30 Memories 10:30-11:00 Exercise 11:00-11:30 Daily News 11:30-12:00 Lunch Set- up 1:45-2:30 Arts & Crafts 2:30-3:30 Lawrence Welk 3:30-4:30 Activity Stations 4:30-5:00 Dinner Set-Up 6:30-7:30 Walking Club 7:30-? Night Owls 1:1</p>	<p>5 10:00-10:30 Current Events 10:30-11:00 Exercise 11:00-11:30 Jokes 11:30-12:00 Lunch Set- up 1:45-3:00 Scenic Drive 2:30-3:30 Rest & Refresh 3:30-4:30 Movie 4:30-5:00 Dinner Set-Up 6:30-7:30 Manicures 7:30-? 1:1 & Small Groups</p>	<p>6 10:00-10:30 Morning News 10:30-11:00 Exercise 11:00-11:30 Christmas Quiz 11:30-12:00 Lunch Set-Up 1:45-2:30 Bingo 3:30-4:30 Music Time 4:30-5:00 Dinner Set-Up 6:00-7:00 Story Time 7:30-? 1:1 & Small Groups</p>
<p>7 10:00-10:45 Church with John Hathaway 11:00-11:30 Exercise 11:30-12:00 Lunch Set-Up 1:45-2:30 Remember When 2:30-3:30 Rest and Refresh 3:30-4:30 Trivia 4:30-5:00 Dinner Set-Up 6:00-7:00 Movie 7:00 – Night Owls</p>	<p>8 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Elvis Trivia 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Sing Elvis 2:30-3:30 Rest & refresh 3:30-4:30 Active Games 4:30-5:00 Dinner Set-Up 6:00-7:00 Remembering Elvis 7:30-? 1:1 & Small Groups</p>	<p>9 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Life Stories 11:30-12:00 Lunch Set-Up 1:45-2:30 Active Games 2:30-3:30 Reading with Linda 3:30-4:30 Bingo 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>10 10:00-10:30 Exercise 10:30-11:00 Current Events 11:00- 11:30 Mud River Baptist 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Cook 2:30-3:30 Rest & refresh 3:30-4:30 Memories 4:30-5:00 Dinner Set-Up 6:00-7:00 Bean Bag Toss 7:30-? Night Owls Small Groups</p>	<p>11 10:00-10:30 Memories 10:30-11:00 Exercise 11:00-11:30 Daily News 11:30-12:00 Lunch Set- up 1:45-2:30 Arts & Crafts 2:30-3:30 Movie & Popcorn 3:30-4:30 Activity Stations 4:30-5:00 Dinner Set-Up 6:30-7:30 Walking Club 7:30-? Night Owls 1:1</p>	<p>12 10:00-10:30 Current Events 10:30-11:00 Exercise 11:00-11:30 Riddles 11:30-12:00 Lunch Set- up 1:45-3:00 Scenic Drive 2:30-3:30 Rest & Refresh 3:30-4:30 Movie 4:30-5:00 Dinner Set-Up 6:30-7:30 Manicures 7:30-? 1:1 & Small Groups</p>
<p>14 10:00-10:45 Church with Women at the Well 11:00-11:30 Exercise 11:30-12:00 Lunch Set-Up 1:45-2:30 Remember When 2:30-3:30 Rest and Refresh 3:30-4:30 Trivia 4:30-5:00 Dinner Set-Up 6:00-7:00 Movie 7:00 – Night Owls</p>	<p>15 10:00-10:30 Todays News 10:30-11:00 Exercise 11:00-11:30 I Have a Dream Trivia 11:30-12:00 Lunch Set-Up 1:45-2:30 Move to the Music 2:30-3:30 Rest & refresh 3:30-4:30 Active Games 4:30-5:00 Dinner Set-Up 6:00-7:00 1960's Music 7:30-? 1:1 & Small Groups</p>	<p>16 10:00-11:00 Antioch Baptist Church 11:00-11:30 Exercise 11:30-12:00 Lunch Set-Up 1:45-2:30 Ball Toss 2:30-3:30 Rest & refresh 3:30-4:30 Bingo 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>17 10:00-10:30 Exercise 10:30-11:00 Current Events 11:00- 11:30 Mud River Baptist 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Cook 2:30-3:30 Rest & refresh 3:30-4:30 Memories 4:30-5:00 Dinner Set-Up 6:00-7:00 Bean Bag Toss 7:30-? Night Owls Small Groups</p>	<p>18 10:00-10:30 News & Views 10:30-11:00 Exercise 11:00-11:30 Memories 11:30-12:00 Lunch Set- up 1:45-2:30 Arts & Crafts 2:30-3:30 Lawrence Welk 3:30-4:30 Activity Stations 4:30-5:00 Dinner Set-Up 6:30-7:30 Bean Bag Toss 7:30-? Night Owls 1:1</p>	<p>19 10:00-10:30 Current Events 10:30-11:00 Exercise 11:00-11:30 Movie Quiz 11:30-12:00 Lunch Set- up 1:45-3:00 Scenic Drive 2:30-3:30 Rest & Refresh 3:30-4:30 Manicures 4:30-5:00 Dinner Set-Up 6:00-7:00 Guyan Gospel 7:30-? 1:1 & Small Groups</p>
<p>21 10:00-10:45 Church with Women at the Well 11:00-11:30 Exercise 11:30-12:00 Lunch Set-Up 1:45-2:30 Remember When 2:30-3:30 Rest and Refresh 3:30-4:30 Trivia 4:30-5:00 Dinner Set-Up 6:00-7:00 Movie 7:00 – Night Owls</p>	<p>22 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Trivia 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Sing 2:30-3:30 Rest & refresh 3:30-4:30 Active Games 4:30-5:00 Dinner Set-Up 6:00-7:00 Do You Remember 7:30-? 1:1 & Small Groups</p>	<p>23 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Life Stories 11:30-12:00 Lunch Set-Up 1:45-2:30 Active Games 2:30-3:30 Reading with Linda 3:30-4:30 Bingo 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>24 10:00-10:30 Exercise 10:30-11:00 Current Events 11:00- 11:30 Mud River Baptist 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Cook 2:30-3:30 Rest & refresh 3:30-4:30 Winter Memories 4:30-5:00 Dinner Set-Up 6:00-7:00 Bean Bag Toss 7:30-? Night Owls Small Groups</p>	<p>25 10:00-10:30 Memories 10:30-11:00 Exercise 11:00-11:30 Daily News 11:30-12:00 Lunch Set- up 1:45-2:30 Arts & Crafts 2:30-3:30 Movie & Popcorn 3:30-4:30 Activity Stations 4:30-5:00 Dinner Set-Up 6:30-7:30 Walking Club 7:30-? Night Owls 1:1</p>	<p>26 10:00-10:30 Current Events 10:30-11:00 Exercise 11:00-11:30 Jokes 11:30-12:00 Lunch Set- up 1:45-3:00 Scenic Drive 2:30-3:30 Rest & Refresh 3:30-4:30 Manicures 4:30-5:00 Dinner Set-Up 6:30-7:30 Hannon's 7:30-? 1:1 & Small Groups</p>
<p>28 10:00-10:45 Church with Women at the Well 11:00-11:30 Exercise 11:30-12:00 Lunch Set-Up 1:45-2:30 Remember When 2:30-3:30 Rest and Refresh 3:30-4:30 Trivia 4:30-5:00 Dinner Set-Up 6:00-7:00 Movie 7:00 – Night Owls</p>	<p>29 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Trivia 11:30-12:00 Lunch Set-Up 1:45-2:30 Move to the Music 2:30-3:30 Rest & refresh 3:30-4:30 Active Games 5:00-6:00 BIRTHDAY PARTY WITH CONNIE 6:00-7:00 Do You Remember 7:30-? 1:1 & Small Groups</p>	<p>30 10:00-10:30 News and Views 10:30-11:00 Exercise 11:00-11:30 Life Stories 11:30-12:00 Lunch Set-Up 1:30-2:30 Bob Lambert 2:30-3:30 Rest & refresh 3:30-4:30 Bingo 4:30-5:00 Dinner Set-Up 6:00-7:00 Walking Club 7:30-? Night Owls, 1-1 & groups</p>	<p>31 10:00-10:30 Exercise 10:30-11:00 Current Events 11:00- 11:30 Mud River Baptist 11:30-12:00 Lunch Set-Up 1:45-2:30 Let's Cook 2:30-3:30 Rest & refresh 3:30-4:30 Memories 4:30-5:00 Dinner Set-Up 6:00-7:00 Bean Bag Toss 7:30-? Night Owls Small Groups</p>	<p>ALZHEIMER'S SUPPORT GROUP 30TH @ 6:00PM Meadow House Conference room</p>	<p>BIRTHDAYS RALPH GREER January 19th LIZZY HAELEIN January 23rd</p>

ACTIVITIES ARE SUBJECT TO CHANGE